

Udtagelse kriterie til VM 2022

Landstræneren vil udtage et hold af maksimalt tre svømmere vurderet af følgende kriterier:

- Svømmeren har klaret mindst 1 WPS **MQS** kravtid (se side 2) ved et WPS sanktioneret stævne i perioden 01.01-2022 og 24.04.2022
- Svømmeren skal være internationalt klassificeret i S1-14
- Svømmerens præstationer i 2022 vil blive sammenlignet med de internationale standarder i deres løb
- Svømmeren arbejder efter en godkendt *Individuel Svømmer Plan* (ISP). ISP er udarbejdet af svømmeren og deres klubtræner i samråd med landstræneren.
- Svømmeren har kunnet følge deres ISP, herunder rapportering, i løbende af sæsonen
- Svømmeren overholder landsholdets værdier og er villige til at bidrage til landsholdet kollektive forbedring og kollektivt ønske om succes

Holdet vil blive endelige udtaget senest tirsdag den 3. maj 2022.

Bemærk: Nærmere information om *Individuel Svømmer Plan* (ISP) vil blive sendt ud i begyndelsen af januar 2022.

BDM/17.12.21

Events	Class	Men		Women	
		MQS	MET	MQS	MET
50m Freestyle	S3	01:00.70	01:08.83	<u>01:27.28</u>	01:27.28
	S4	00:43.66	00:46.21	00:54.10	01:03.25
	S5	00:36.21	00:37.80	00:53.64	00:58.76
	S6	00:32.76	00:33.06	00:39.45	00:40.54
	S7	00:31.32	00:32.98	00:37.10	00:38.95
	S8	00:29.68	00:30.33	00:34.31	00:35.10
	S9	00:26.65	00:26.79	00:31.15	00:32.28
	S10	00:25.83	00:26.32	00:29.90	00:30.77
	S11	00:28.77	00:29.40	00:37.90	00:46.06
	S12	00:26.65	00:28.31	00:31.68	00:37.50
	S13	00:25.42	00:25.72	00:28.87	00:29.98
100m Freestyle	S3	02:40.12	03:25.18	03:03.15	03:03.15
	S4	01:39.20	02:17.04	03:21.46	03:41.82
	S5	01:24.81	01:29.44	01:55.46	02:21.43
	S6	01:11.65	01:14.50	01:24.72	01:29.24
	S7	01:10.62	01:12.73	01:19.95	01:22.36
	S8	01:03.32	01:04.88	01:14.02	01:17.87
	S9	00:57.96	00:58.78	01:06.24	01:07.60
	S10	00:56.33	00:57.17	01:04.88	01:05.68
	S11	01:03.95	01:06.02	01:24.19	01:38.30
	S12	00:58.34	01:00.64	01:09.28	01:12.59
	S13	00:57.00	00:58.05	01:07.38	01:11.70

200m Freestyle	S1	06:26.32	06:26.32	N/A	N/A
	S2	07:27.13	07:27.13	05:31.50	05:31.50
	S3	05:09.76	06:39.27	05:33.98	05:33.98
	S4	03:34.80	04:04.62	05:38.07	05:38.07
	S5	03:13.43	03:28.82	05:08.70	05:08.70
	S14	02:01.67	02:03.00	02:19.56	02:21.89
400m Freestyle	S6	05:34.28	05:45.16	06:43.86	07:35.38
	S7	05:21.42	05:58.44	06:02.55	06:20.43
	S8	05:02.19	05:11.99	05:45.95	06:23.70
	S9	04:30.75	04:41.00	05:04.29	05:11.95
	S10	04:34.33	04:49.19	05:19.11	05:36.71
	S11	05:26.66	06:29.00	06:24.49	06:24.49
	S13	04:59.99	05:20.67	05:48.76	05:48.76
50m Backstroke	S1	01:53.32	01:53.32	N/A	N/A
	S2	01:30.58	01:53.22	01:43.17	01:43.17
	S3	01:03.72	01:11.81	01:23.74	01:23.74
	S4	00:52.00	00:55.71	01:06.77	01:14.60
	S5	00:42.76	00:44.85	01:03.24	01:03.63
100m Backstroke	S1	04:02.72	04:02.72	N/A	N/A
	S2	03:10.33	03:10.33	03:38.84	03:38.84
	S6	01:26.10	01:28.70	01:38.54	01:47.61
	S7	01:21.09	01:29.99	01:33.91	01:38.78
	S8	01:18.93	01:23.57	01:28.96	01:32.88
	S9	01:08.70	01:09.74	01:20.35	01:22.28
	S10	01:06.34	01:09.56	01:17.03	01:19.46

	S11	01:17.08	01:21.06	01:41.10	01:41.10
	S12	01:19.86	01:19.86	01:29.26	01:35.70
	S13	01:06.56	01:10.46	01:21.01	01:27.26
	S14	01:04.08	01:04.64	01:15.30	01:16.24
50m Breaststroke	SB2	01:58.27	02:12.20	01:58.48	01:58.48
	SB3	01:02.34	01:13.45	01:14.80	01:24.78
100m Breaststroke	SB4	02:01.17	02:11.46	03:30.40	03:30.40
	SB5	01:46.57	01:50.73	02:13.93	02:47.85
	SB6	01:29.61	01:33.36	01:57.88	02:01.57
	SB7	01:40.50	01:44.86	01:52.55	02:02.12
	SB8	01:22.00	01:24.26	01:40.64	01:45.14
	SB9	01:15.48	01:16.86	01:25.67	01:27.19
	SB11	01:28.24	01:31.00	01:57.09	01:57.09
	SB12	01:31.06	01:31.06	01:33.45	01:47.97
	SB13	01:13.53	01:20.83	01:30.37	01:44.04
	SB14	01:10.74	01:11.32	01:25.70	01:28.39
50m Butterfly	S5	00:39.90	00:44.26	01:36.38	01:36.38
	S6	00:35.94	00:36.61	00:42.55	00:46.23
	S7	00:34.65	00:37.68	00:42.62	00:48.26
100m Butterfly	S8	01:08.86	01:14.28	01:41.79	01:41.79
	S9	01:03.12	01:04.41	01:18.37	01:26.00
	S10	01:02.94	01:04.61	01:22.86	01:33.88
	S11	01:19.38	01:29.24	N/A	N/A
	S12	01:05.87	01:17.71	01:15.62	01:15.62
	S13	01:02.34	01:05.08	01:16.09	01:27.59

	S14	00:59.62	01:00.32	01:13.63	01:15.42
150m Individual Medley	SM3	04:53.26	04:53.26	04:44.83	04:44.83
	SM4	03:19.57	03:39.03	03:50.50	04:22.54
200m Individual Medley	SM5	05:25.94	05:25.94	06:04.87	06:04.87
	SM6	03:04.83	03:10.95	03:37.25	04:29.11
	SM7	02:59.11	03:13.10	03:37.80	03:46.69
	SM8	02:42.89	02:54.68	03:23.48	03:48.97
	SM9	02:28.06	02:31.13	02:51.13	02:54.38
	SM10	02:29.21	02:33.11	02:49.82	03:06.85
	SM11	02:50.49	03:24.08	03:32.64	03:32.64
	SM13	02:23.12	02:28.98	02:44.43	03:01.59
SM14	02:18.72	02:19.84	02:41.00	02:46.50	